



Manifesting Success: Are You Doing It Consciously?

**Discover the Creative Partnership Between
Making it happen & letting it happen**

with

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HOW TO GET THE MOST OUT OF THIS E-BOOK

FIRST:

[Download the Action Guide](#) and complete after you have read the E-Book. Doing this after you have read the E-book will help you determine how much you got out of it that was of value to you.

SECOND:

When you've completed the Action Guide, be sure to schedule your complimentary 30 minute consult with me. Just [CLICK HERE](#) to schedule a time convenient for you.

THIRD:

Please enjoy. And feel free to jot down any questions or confusions you'd like to chat about when we talk.

*Much love,
Ragini*





Manifestation: Doing It Consciously?

Conscious manifestation seems like a tricky business. Some people succeed in their business while others fail, again and again.

I've had many clients lost in despair and desperation because no matter what they try to manifest, their efforts fail. They do not get the results they've been told they'll receive.

Too often, the blame falls on the person making the effort; and the answers we make up to explain the problem can be the most hurtful aspect of this creative drama.

'You're not doing it right.' 'You're not supposed to use manifestation for material things.' 'It's not working because I'm not pure enough.' 'God is just mean and there is no such thing as manifestation. It's all random and there's no way out.' 'I'll never be a success. I just can't seem to do it.'



Usually the real problem rests in a lack of clarity about what you're trying to do, and how to do it. Now I do fairly well in life. The question is that simply my destiny, good karma, sheer luck, or the effect of conscious manifestation?

This e-book is designed to help you manifest better by helping you explore, inquire, poke and prod this amazing and mysterious game of creation that you're setting out to play consciously and creatively.

*The goal is for you be aware of,
claim, and utilize more
of manifestation's
empowering guidance!*



What Can You Assume About Manifestation?



According to the Free Dictionary, manifestation is an indication of the existence, reality, or presence of something. That's pretty general. So this is the specific manifestation you're going to explore:

A focus on taking the idea or notion of your business success existing in your mind and making it into an actual reality in real time.

This is one description of the creative process itself*:

- 1) incubating an idea
- 2) getting inspired by it as it comes into a full blown notion
- 3) putting in the time and energy to pull it out of the mind and into a concrete reality (the perspiration phase)
- 4) then touching it up for presentation to the world
- 5) finally integrating it back into the society or group or circumstance that called the idea into being in the first place.

These steps of the creative process parallel the steps of manifestation with a few additions which we'll get to later.

But this creative process is something you already know about and use unconsciously.



How Do You Know?

You already have some personal experience and thus guidance. It's good to honor and be aware of that when your intention is to do business. And when it's time to commit to making your business successful.

Say you're planting a garden, or building a new fence, redecorating your kitchen or bathroom, deciding to write a book, or creating a fancy meal. All of these require you

to follow the steps mentioned above. BUT ... do you do it consciously as an actual act of creative manifestation?



Check it out. *You get an idea.* You think about it for awhile. You assess how hard it will be to make it happen. You get clear on what you'll need. You consider what would be the best strategy for how to do it.

Then you start acting on all of this 'thinking'.

You gather together the materials you need, set aside the time the project will require of you, arrange your life around it making it a priority, and then you do it.

After it's pretty much done, you spend time finishing up all the details and perfecting it as best you can. That means making it match your original inspiration as closely as possible.

And then you're ready to present it.

So you invite friends over for tea in your new garden or lunch in your new kitchen. Or perhaps to read your almost perfected manuscript while digesting that



gourmet meal you spent hours preparing as the entree to sharing of your heart and soul finally having made it into words on a page.

My point is you already know how to engage in creative manifestation quite purposely & consciously.

You do it all the time. Deciding it's time to create order out of chaos when you clean up your office or living room. That is an act of conscious creative manifestation.

Or coaxing beauty out of ugliness when you weed out your garden and fill pots with new flowers.

You step into a place of total trust that those flowers will blossom into colors and fragrances that make you happy and will bring many moments of pure contentment.

Manifestation Is Creativity

Manifestation is a creative act – and you already know how to do it. So how do you answer these questions?





CREATIVE MANIFESTATION: A HIDDEN PARTNERSHIP

- 1. Are you thinking of building a successful business as being creative?*
- 2. Do you perceive yourself as an artist, or at least creative?*
- 3. Are you filling the canvas of your business life with the thoughts, feelings, vision, smells and tastes essential to the picture of business success?*
- 4. Is your vision replete with the details essential to its success?*

Can you begin to grasp, see, and realize the reality of your existing know-how engage in conscious creative manifestation?

If so, the business success you want is ready to more easily leap into view and take shape and form in the outside world.



If examined, I feel confident your own experience will cause you to agree with me.

There is already a precise mechanism in place through which you already turn your ideas into a reality.

Then why is it so hard to do consciously in the area of business and success? I know you want the same results as when you decide to cook dinner or wash the dog, right? A no-brainer!!

It's the same process, yet suddenly it can all seem so complicated and overwhelming.

If you're trying to manifest business success, there are so many elements you have to factor in. Most folks feel like they're fighting a giant, get overwhelmed and give up.

So this is of course, the first challenge.





Hang In There No Matter What!

Well, what exactly does that mean?

That means you get to practice standing up to these encroaching ideas:

- 1. That somehow you don't have what it takes.*
- 2. That you don't have the necessary intellect, heart, or enough desire to use this manifestation process effectively and will fail*
- 3. That you're not worthy enough to receive what you're asking for, or valuable enough to have that 'good life' you want.*

So here's my 2nd point:

*When you get into these patterns of thought and emotion,
you're still painting on the canvas of your life.*

You're still planting seeds in your garden. But now – they're not the ones you want to grow there.

*Everyone is always at the effect of this manifestation mechanism,
whether they are aware of it or not.*

Hence, the eternal emphasis on being positive and finding the best in everything – no matter how much 'worse' is showing its face.

Seem Pollyanna? Maybe. But I'm not advocating repressing, ignoring, or even transforming your negative thoughts, beliefs, and emotions.

The 'negative' aspects of life aren't going anywhere. They are part of the Hero's journey. And when you set out to create a successful business, you are on a Hero's Journey.



There is a more powerful way to manage the negative in a positive way! And I don't mean simply glossing over it, ignoring it, or saying it's all the Divine plan (even though it may well be).



A Quick Recap

Before you explore these two powers, let's take a moment and review what you've just explored:

1. *We are all creative artists.*
2. *There is a creative process already installed in you and you use it everyday.*
3. *You are at the effect of this mechanism of manifestation (creation) whether you know it or not.*
4. *It's to your benefit to explore it more deeply and learn how to harness this creative prowess.*
5. *Without this knowledge, you can unwittingly remain at the effect of a fearful mind and paralyzing emotions.*
6. *You reach for and consciously harness your creative power to manifest your business success*
7. *You use your conscious awareness to creatively manage, every day, these two manifestation powers already within you.*





The Creative Partnership Between Letting It Happen vs. Making It Happen

The essential ingredient to manifesting your business success is to understand these two powers *within you*. They must be real to you and recognizable. And your challenge is to grapple with and tame them in order to create their balance.

Now you obviously have to do all the other things required for business success: have a product or service that fills a market need being asked for; a process to deliver the solution to the problem, a marketing plan to get out the word, and all the other details like website, product & business name, etc.

But the most important thing for your business success is to be in charge of what is going on in your mind and emotions. This actually ought to come first, not last.

You get to be responsible for what you do with your own mind and emotions. They wield creative power and it's your challenge to understand that.

It's your job to learn how to use your mind in a way that helps you walk the razors edge in daily life & business life.

This is the inner challenge. And when you can do it, your business success will surely appear in the outside world.





The Key



You want to understand the power of staying in the middle between these two powers.

You want to know how to create the balance required to be happy, centered, and at peace – regardless of whether your business is in an up phase or downward turn.

And you want the commitment and tenacity to keep doing it over and over again.

Life is always moving. It's not stationary or static. And balance is constantly in motion because it is a verb and not a noun.

I know you know this. But when something is so patently obvious, it can also seem somehow irrelevant.

So I invite you to take a little deeper look into why many efforts at manifestation fail. There's much to learn here that can help you avoid failing and move more consciously and creatively toward launching and sustaining your business success. Read on.



The Anatomy Of 'Failure To Manifest Your Heart's Desire'

In years past, a wave of trainings for 'how to manifest' accompanied by the movie 'The Secret' swept across our world. It opened the door to many new possibilities.

But with all good things, there is a downside as well. And in a way, revealing the 'secret' to manifestation was akin to the opening of Pandora's Box.

Referencing Pandora's actions usually refers to the creation of a disastrous situation over which you have very little control. And this is the point that generates so much confusion in conscious manifestation.

*Conscious manifestation grants you total control—and also no control.
A very unnerving paradox!*

After the 'secret' was released, mayhem often followed in the personal worlds of those who decided to give it a try. And when failure arose, many grabbed onto what Pandora found left in the bottom of that box – the element of hope.

It's funny to say that hope should ever become a problem. It is such a staple of human life.

Hope fuels our capacity to always find new reservoirs of untapped courage, stamina, and faith.

But in the realm of manifestation, hoping to get what you want is not useful.

Sadly, failing to manifest consciously often involves an unconscious misunderstanding around hopes' involvement.



The Downside Of Hope

If you think about it, you know that hope does not invite control.

It actually acknowledges the very absence of the ability to make things happen the way you wish.

So when consciously manifesting, 'expecting' to get what you want is required.

In this scenario, hope is a killer. On the other hand, expectation has the power to sustain focus and eliminate any doubt that what you want is not already a done deal.



For example, when you get in the car to go to work, don't you expect to get there?
When you work out at the gym, don't you expect to develop strength in your muscles?

If you simply hoped you'd make it to the office or get stronger muscles, it would get extremely stressful, and difficult to sustain your motivation to get to work or the gym.

It's obvious that in these situations, hope is not the answer. But then you may have to ask whether you do have control over what manifests in your life, or don't you?

Or is this yet another of those paradoxical life conundrums that leave you with a headache, an ache in the belly, and holding on tight to that hope left in the bottom of Pandora's Box?



It can be, unless you're willing to dig a little deeper into that 'secret'.

The Five Neglected Aspects Of A 'Failed Attempt To Manifest Your Heart's Desire'

Let's take a look. You're probably aware of the 'secret' by now: 3 simple steps to manifestation that seem relatively easy to understand:

- 1. See what you want having already happened.*
- 2. Feel it.*
- 3. Know it is already so.*

They seem easy enough – and they are. Until ... you get into truly trying to follow them. Here are 5 aspects to the process that if overlooked become the foundation for failure.

1. The Effort Required Is On-Going

What is often neglected in these manifestation endeavors is how intense a process conscious manifestation actually turns out to be.

This simple little set of 3 steps might have to be taken several 100 times a day!

So, the better your awareness of thoughts and feelings, the more times you'll realize you need to be engaging in the 3 steps.



2. The Reality Of Your Limiting Ideas and Beliefs

What do you do with all those negative thoughts and feelings that creep over your positive outlook?

You know. One minute the future looks bright and hopeful. And in the next moment, it has shifted into fear and lack of possibility.

Do you set out to discover the beliefs getting in the way:? Not possible, not worthy, not capable, not fair, not moral, not bright enough, not meant to be, too greedy, too selfish, too arrogant, too angry, too resentful, too vain, too defective. And once discovered, just feel overwhelmed and powerless?

Or do you get overwhelmed and decide to ignore them? People often keep hoping they'll go away via some divine act of intervention!

Or do you go on the attack and do everything you can to rid yourself of the imprisoning beliefs once and for all?

Whatever your strategy may be, there is also an additional option. It may seem 'if' at first. But in fact, it works well too.

Relax into the presence of those limiting beliefs and feelings, and shift *your attention to the outcome you're after as already here*.

The ability to do this rests in the next two neglected aspects.



3. Release Hope & Dive Into Expectation

Expect to get what you want with as much totality as possible!

It's said that in the field of infinite possibilities, the moment you put energy into a desire, its fulfillment simultaneously arises.

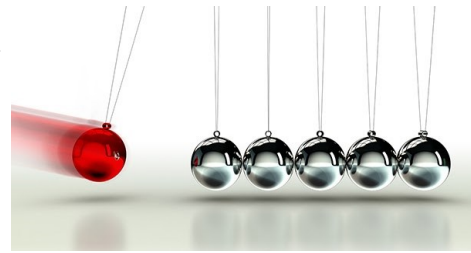
That would mean the manifestation of that desire is already a done deal. It's just not yet actualized on this plane of reality.

Let's explore the impact of hope on your manifestation efforts.



Check out something you *hope* for – like a raise at work, or that your friend having you over for dinner will have something you can eat.

Compare that feeling *in your body* to something you *expect* – like having hot water come out of your shower, your mother-in-law criticizing your cooking, or your gourmet chef friend cooking a great meal for you.



The feeling in your body may be positive. It may be negative. But here's the thing:

The feeling of hope is quite different than the feeling of expectation.

And here's the thing you want to remember:

When hope enters the scene, it brings along its cohort – fear. Don't believe me. Check it out for yourself.

Fear is one of the many killers of dreams. And it won't go near expectation. So the better choice is kind of a no-brainer.

4. Behave As Your Future Self In The Here & Now

This is the real key to consciously releasing manifestation's storehouse of power. It is essential if you want to release your confusions and clear the path for success.

In order to manifest what you want:

You have to behave the way that 'future you' behaves

The 'you' that already manifested what you want and is living it

The 'you' that followed all those steps of the creative process I talked about earlier

It took a good many years to actually wrap my head around this. To put attention on your *heart's desire as already having happened*, 100 or more times in a day, remains a healthy challenge.

Your mind may not be as active as mine, but I assure you, at least 25 times a day you will have some thought or emotion that negates the possibility of your success.



You want to be conscious of them. You want to then move your attention away from them and *step into the attitude of that 'future you'.*

Example: If buying a new house is your heart's desire, you have to start treating your money in the way that 'future you' did that got them the house. So instead of continuing to spend your money on those cappuccinos or fabulous dinners out, you step into the 'future you' and spend your money the way they did; the way that resulted in them getting the house.

In other words, this is the 'making it happen' part of manifesting. To make your heart's desire come into actuality, you have to do your part by:

stepping into that 'future you' and living from there in today's moment of time.

If you want to lose weight, you have to think like the 'future you' that has already conquered his/her issues with food.

This means every time you feel yourself craving that additional piece of pie, or the extra helping of pasta, *you consciously step into that 'future you' and make your decision from that place in time.*

The Key: you take control of time and make that 'future you' alive and living into the present moment.



Simply put, you move the future into the present.

Here's the surprise! You already know how to do this quite exquisitely with your past.

You know how to live your past into the present moment. You call up a memory. You see it already done. You feel it. You know it's real because it's already happened. You step into it and live it again in the now. Recognize the 3 steps from earlier, perfectly executed by us all?

You can use your creative ability to be the 'future you' that is already the recipient of your desired outcome. Then ask yourself, "How did I get here?" And let the answer come.

Or, imagine as if the 'current you' could interview that 'future you' and find out what that 'future you' did. Then imitate their actions in your here and now, imagining as if you were that 'future you' today, just like you already do so well with the past.



Whatever you want – money, a slender body, or anything else – that ‘future you’ will tell you what they did to get it. Then – you do it in the here and now – as them! This is your part of making it happen.

An Important Caveat!

Be aware that it is impossible for you to keep at this all day. It’s like swimming against the current for hours on end. It’s exhausting, tiring, and can feel depressing because it feels like you’re getting nowhere.

But here’s the key:

It’s doesn’t matter if you succeed or fail at staying there. *It only matters that you engage in the action of stepping into that ‘future you’ again and again.*

It only matters that you make the effort to live in the moment from the ‘future you’ point of view as many times as you can.

This begins the creation of a new neural pathway in your brain and that’s what makes it more effortless over time.

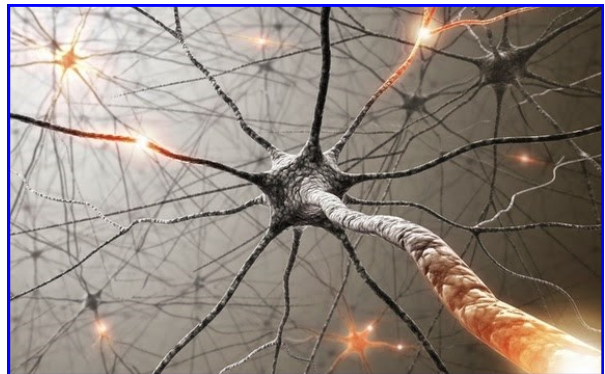
5. Trust That Something Larger Than You Is Also Engaged In This Creative Act

Most of us are quite intrigued by magical element of conscious manifestation. And that magic arises when you’re able to engage in that curious act known as surrender.

The obvious question is *what* are you surrendering, and to *whom*?

The *what* are the answers to these two questions:

*“When will the manifestation appear?
How will it occur?”*



In actuality, the answers to these questions are not your business. And when I say it is not your business, I mean it is not the place to rest your attention.



The Answer To The ‘What’

The *what* are the answers to these two questions: “*When will the manifestation appear? How will it occur?*”

In actuality, the answers to these questions are not your business. And when I say it is not your business, I mean it is not the place to rest your attention.

Every time you have a thought or feeling about *when* and *how*, here’s what you do:

- *Shift your attention away from the question & visualize what you want already present & in your life*
- *Focus on the thought & feeling accompanying the completed goal or desire fulfilled*
- *Trust that something larger than you will take care of the rest.*

The Answer To The ‘Who’

The *who* is that ‘Something’ larger than you, be it God, Higher Self, The Mystery, Essence, or a hundred other names.

At this point, 4 assumptions come into play:

1. This “Something Larger’ has your best interest at heart.
2. It’s your personal connection to the Whole.
3. It’s wise to entrust your heart’s desire to this ‘Something Larger’





4. It will take care of manifesting your heart's desire at just the right time and in the best way for you.

How To Activate These Assumptions

1. Stand in that point of view where you see and feel your faith while in the presence of a Divine Spark within (whatever you wish to call it)
2. Know that spark reflects who you really are, beyond your body and mind, whether you call it soul, Spirit, Divine Light, or the Essence of your Being.



The folks I've talked to who succeed in this endeavor consistently say they put out what they want and then forget about it. That doesn't mean they drop back into their limiting way of being and doing.

It means they don't worry about the *how* and *when*; they hold the outcome as a done deal and expect it to unfold; then they simply do what needs to be done to get there, living and making decisions as that 'future self' who already exists after the fact.

A Recap

Adding these aspects into your efforts will change the tenor of your manifestation attitude.

And it will ameliorate these neglected aspects of manifesting your heart's desire.





- The 3 steps are:
 1. *See what you want having already happened.*
 2. *Feel it.*
 3. *Know it is already so.*
- Practice the steps much more than once or twice a day. The more times you use the 3 steps, the better.
- Face your limiting beliefs and go after them. Don't be overwhelmed by the ridiculous number of them you are bound to find. Enjoy the thrill of releasing them or moving beyond them, and know this is part of you making it happen
- Don't hope to get what you want. Expect it because it is already done.
- Behave as the 'future you' right now in this present moment doing your part to make it happen, again and again and again
- Surrender the *when* and *how* things will occur to that 'Something' larger than you, letting the manifestation happen in its own time & its own way.





Want To Guarantee Manifesting Your Heart's Desire?

Almost everyone exploring conscious manifestation wants to believe that their outcome is guaranteed. But, when it doesn't happen as expected, there are a few more ins and outs that you can explore.

To get a better grasp of manifestation's intricacies, let's take a look at **five core ideas**.

They each play a role in understanding manifestation from a larger point of view.

But first, here's a possibility to consider.

What if asking if you can guarantee the manifestation of your heart's desire is not the best question to ask?



What if there were another question that could lead you to greater clarity and understanding?

*What if that question were something like,
"Who is actually responsible for creating your future?"*

Of Course, YOU'RE In Control, Right?

I'm sure you've heard the answer to that question many times. YOU are in control of your future.

"Better yourself and change your life. You want money, go out and work hard and long. You want to be slender and fit, watch what you eat and work out. You want to be liked, learn to listen and let others know you think well of them. You want a career, go to school and learn a skill. You want to be happy, be positive. You want to 'awaken', meditate."

On the negative side, it sounds more like – *"Quit complaining. You made your bed. Now you have to lie in it."*



If, based on your past experience, you are skeptical about these edicts, please read on anyway.

The whole point of this guide to conscious manifestation is to help you poke, prod, and dig around in the manifestation concept so it releases a few more of its hidden complexities.

If you buy into the idea that you create your future, it means you have more power than you thought.

And at the same time, it means your past, which was once your future, was also your creation.



The good news is if you did it once, albeit unconsciously, you can do it now consciously. The bad news is that it requires a bit more awareness and presence than you might have originally thought.

The salient point here is that manifestation (or creativity) is apparently a process that unfolds whether you are conscious of what you're doing or not.

MANIFESTATION MADE SIMPLE

As a Behavioral Change Specialist, you learn that anything you want in the future has to be imagined; then, purposefully placed on your mental timeline in the future when you want it to appear.

It's important for you to intercede in this way, consciously and purposefully creating your future as you want it to be.

If you don't do this, your unconscious mind has no choice but to project the situations of the past out into the future, whether they were wonderful or awful.



Your energy usually goes, automatically, to those situations you worry about happening again, or for the first time – like poverty, illness, losing your job, abandonment, disaster, abuse, aging, and so on.

This is why it is so important to become aware of what you're thinking and feeling.

So, the assumption is that you are creating your future by the way you are imagining it.

This imagined future will then, theoretically, pull forth this particular possibility out of the field of infinite possibilities.

Of course, you have to suspend your disbelief in this idea.

You want to imagine as if this field of infinite possibilities really does exist; and that it is the amount of energy you are giving that future with your attention and emotion that pulls it into a reality.

THE FIVE NOTIONS THAT HOLD IT ALL TOGETHER

Now – those 5 notions I mentioned earlier. I'm not saying you have to buy into them. But I am suggesting that suspending your disbelief long enough to try using them, can be helpful.

I think you'll agree that manifestation rests on the process of **1) cause and effect** (also called karma in some systems).

When looking from a larger perspective, it also makes use of the notion of **2) reincarnation**.

Both of these previous ideas require the notion of **3) time**.

And of course, **4) accountability** is at the root of conscious manifestation because you are responsible for what you're creating.





And because this takes effort, the need for *5) motivation* arises – some reason to answer the question of ‘Why bother?’

These five little gems are totally intertwined with your ability to make sense of the success or failure of your efforts.

1: CAUSE & EFFECT

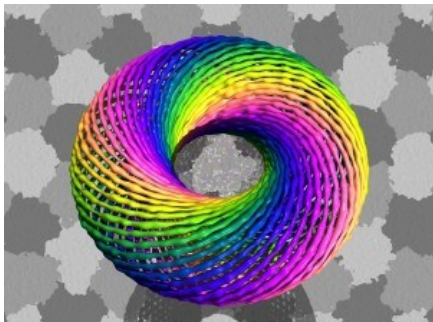
Our notion of cause and effect reflects the ancient notion of karma. Hit a nail on the head and the consequence is that it goes through the wood.

But cause and effect also encompasses the notion of ‘*You reap what you sow*’ and ‘*What goes around comes around*’. The glitch is most of us have not contemplated very deeply just what this means.

Another example: When you step on the gas pedal (cause), the car picks up speed (effect). Likewise, if it rains (cause), you get wet (effect).

But here’s the thing. You can stop yourself from getting wet if you’ve prepared for rain with an umbrella, raincoat, boots, or you just have the sense to run for cover fast! You can’t stop the rain. But you *can control how you relate to it* when it starts pouring.

Perhaps you don’t usually consider the fact that you often engage in an action in order to change the effect of the cause.



Instead of getting wet, you did something to help you stay dry. And in so doing, you created a new response to the rain, and that response sets in motion a new effect, such as rain is no longer an experience that you hate and avoid.

If you haven’t saved any money for retirement, you can change the effect of those circumstances by changing the way you spend and save your money.

You start putting money away like you never did before, and spend less on lavish vacations and expensive wines.



In this way, you create a new response to the financial hole and that response sets in motion a new effect.

Money starts showing up in your bank account or retirement savings; and you're the one who made that happen.

Part of conscious manifestation is realizing you are engaging in an action that is designed to change the effect of past actions as well as show up in your future.

But what about those events that just 'happen' for no observable reason at all? Enter the notion of reincarnation.

2: REINCARNATION

This notion refers to a reality that embraces multiple lifetimes.

If every single action you make creates a consequence, regardless of your intention, apparently there is not enough time in a single lifetime to reap all of them; and since they are yours to reap, multiple lifetimes are required.



Of course, if you don't buy into this notion, you may miss how it is intricately connected to consciously working with cause and effect, or conscious manifestation.

This means you will probably just keep on unconsciously and unintentionally creating more unpleasant consequences.

And if cause and effect is true, then you will have to be the one to experience those effects because you are the one who created them.



So the notion of reincarnation can help you exercise a somewhat plausible, or at least useful, explanation for those things that ‘just happen’ or ‘simply show up’ in your journey.

This notion can get you cracking to shift your attitude away from complaining, victim hood, and blame. It can help you change the way you’re perceiving and making sense of any situation.

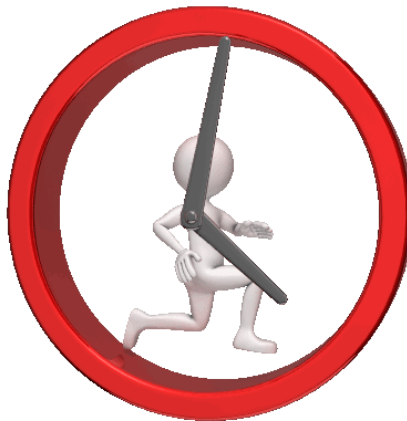
As someone once said to me, ‘If you created the situation, then you’re capable of changing it.’

3: TIME

Ok. So what about time?

It seems obvious that for an effect to happen as the result of a cause, there has to be this thing called time. There has to be the experience of time passing for you to get the results you want from your effort to consciously manifest),

And time can be a sticky wicket.





Like Einstein said, a minute can seem like an hour when you've just been stung by a bee, but having your lover sit on your lap for an hour can seem like a minute. It is indeed relative.

Whether time is illusory or not, is another topic of discussion. But more importantly, time is required for any cause-effect process to happen.

It's wise to explore time a bit more deeply because *time is only our friend and ally when we learn how to:*

- *Live in time*
- *Respect the limits set by time*
- *Manage time*



4: ACCOUNTABILITY

Whatever you do in life reaps a consequence, sometimes good and sometimes bad.

But make no mistake, looking through the lens of karma (or cause and effect) every action sets something into motion.

If it takes you toward your goal, you call it good. If it takes you away from your goal, you call it bad.



But regardless of the consequence, karma says you are responsible for setting it in motion, and thus accountable for the effect or consequence.

As I said earlier, if you are the creator of your life, then you are the creator of your future which eventually becomes your past.

So from this perspective, you also created your past.

If this is true, it seems reasonable to start paying attention to what you're thinking and feeling. And if you really develop the knack for doing this, it can truly change the way you relate to your life and all that happens within it—especially the success of your business.



When you worry, aren't you thinking certain thoughts and then putting them out there in the future? Aren't you imagining what you don't want to happen actually happening in your imagination?

This would be an example of setting into motion an outcome you don't want to show up in your future.

Well thought out actions include surveying all possible consequences. But even when this is done, you might still end up hoping, wishing, or praying for the outcome you want to happen.

Or you could just go brain-dead and pretend that eating too much food every day won't mean extra pounds; or spending all your money on trips and extravagant meals out won't mean less money for retirement.

But what if being accountable for your life – how you create it and how you live it – is the goal of this entire process?

Why would you want to be accountable for everything that happens in your life? To constantly monitor your thoughts and emotions? That sounds like a rather daunting goal. And that bring us to notion #5.

5: MOTIVATION

In order to even come near this kind of thinking, we have to find a pretty strong reason for doing so. There has to be a very compelling outcome to makes you want to engage in this game of conscious manifestation.

Well, most folks who seriously inquire into these notions engage in the conscious manifestation game because they want to learn.

Whether they're enamored with personal growth, transformation, or a mystical meeting with the Divine, they perceive their journey from birth to death as a training school.

It reportedly works best when your motivation is more than just making money. A higher sense of purpose and meaning can rev up the process and kick it into high gear.



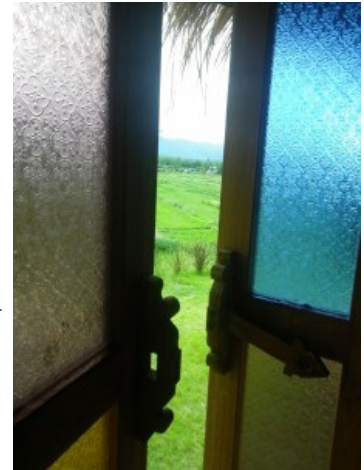


Obviously, there is a lot to learn when traveling through any foreign country. And emotions and minds are often like an unexplored land, filled with unseen sights, unfamiliar sounds, and tastes unfamiliar to the palate.

So it's helpful to truly this this: whether you're motivated to learn from all of this, or you're just playing to win the prize you're going after, *conscious manifestation may not grant you what you desire right now.*

But from the learning perspective, it *will* grant you the opportunity to learn what you're missing and apparently need to know.

When your learning is received, a door opens to yet a deeper understanding of what your journey, and life itself, is all about. Life is very abundant and it seems there is always more to explore and learn.



THE CONCLUSION ABOUT MANIFESTING YOUR HEART'S DESIRE

Suffice it to say from this point of view, your outcome is indeed guaranteed.

The moment you have sufficient energy behind your desire, you set in motion a process which will draw that outcome to you.

The glitch? It may not come when you want it. And it may not even show up in this lifetime (given the notions of karma & reincarnation). And finally, you may not even be aware what you're creating.

If the majority of your energy in a day goes to thoughts and emotions worrying that you might get what you *don't* want, what do you think is going to show up, given that all of the above is accurate?

IS A DIFFERENT FRAMEWORK NEEDED?

When you put karma, reincarnation, time, accountability, and motivation to play the game, all together under the roof of conscious manifestation, it calls for a framework quite different from mere success or failure.



After a while, people finally end up asking, ‘What is the point of all this?’

When you find yourself asking this question, you’ve entered the realm of inquiry and are seeking answers to existential questions.



So all in all, it appears to be a complicated issue.

But when you learn how to navigate your own power to create the world in which you live, all sorts of new possibilities begin to appear.

Being accountable equals being responsible for how you relate to everything that comes your way.

More specifically, it refers to whether or not you have taken charge of your mind and emotions instead of them being in charge of you.

Expanding consciousness is not a simple affair – and of course, it most certainly is. That’s why I’m such a paradox hound.

Beginning to understand life from the paradoxical viewpoint can release a lot of stress.

- That means making peace with these two inside powers—the ability to act and make things happen AND the ability to surrender and let things unfold. Remember, balancing them is the key.
- This automatically increases your ability to be present and positive. And it can prop open the door of your mind and heart to discovering even more of life’s mysteries.
- And some of these mysteries may currently rest inside that very experience you definitely find yourself *not* wanting to have—the failure of your mission and not living your purpose.



And that's why conscious creative manifestation is important. Doing all the rest *without this* will not sustain meaningful business success.

Talk to any mission-driven successful entrepreneur, and you'll find they do this as well—some consciously and others, bless their hearts, unconsciously.

What To Do Next?

1. **Make sure you've downloaded your Action Guide** and taken the time to complete all the questions. [CLICK HERE](#) to download now.
2. Make sure you go to www.Calendly.com/rm-10/30min to **schedule your complimentary 30 minute consult** included with this free guide. I look forward to talking with you soon.

*Much love,
Ragini*

