

Stretching Your Mind

Love

Joy

Happiness

Success

Goal

External

True

Courage

Awesome

Hate

Sorrow

Sadness

Failure

Process

Internal

False

Cowardice

Boring

Stretching Your Mind

Clarity

Strength

Beautiful

Smart

Wise

Satisfaction

Calm

Presence

Acceptance

Confusion

Weakness

Ugly

Stupid

Ignorant

Frustration

Excited

Absence

Rejection

Stretching Your Mind

Inclusion

Parent

Teacher

Boss

Professional

Approval

Expert

Active

Right

Exclusion

Child

Student

Employee

Personal

Rejection

Novice

Passive

Wrong

Stretching Your Mind

Winner

Loser

Clean

Dirty

Destination

Journey

Peaks

Valleys

Control

Surrender

Open

Closed

Alone

Together

Movement

Stillness

Unique

Ordinary