

"As awareness more deeply penetrates the flow, we experience that our natural condition, our natural state of being which some call the wisdom-mind or Buddha nature, is like the sun which is always shining, always present, though often obscured. We are blocked from our natural light by the clouds of thought and longing and fear; the overcast of the conditioned mind; the hurricane of 'I am'."



**Stephen Levine
A Gradual Awakening**