

Want A Bit Of Magic Up Your Sleeve?



The Larger Whole IS The Magic

There are many ways to name The Larger Whole to which we all belong

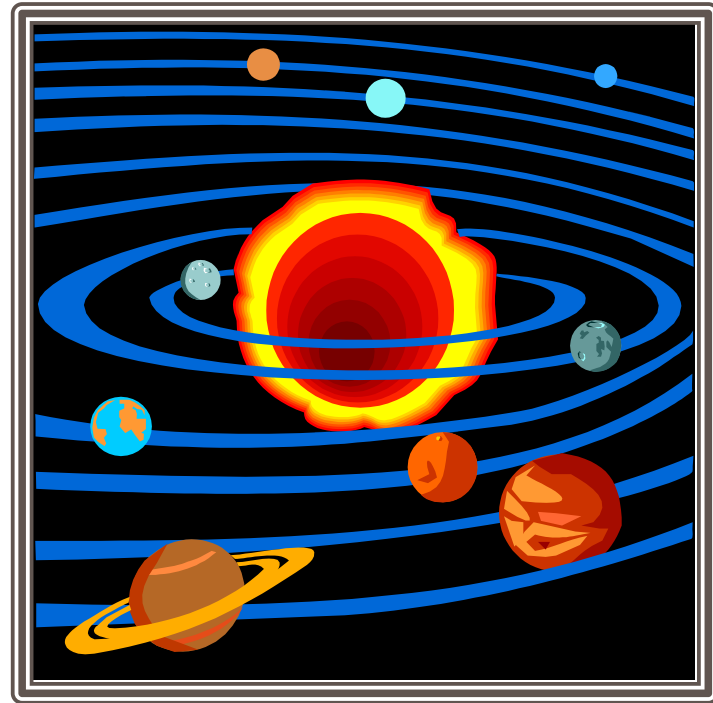
- God
- Mystery
- Suchness
- Allah
- Universe
- Emptiness
- Living System
- Great Spirit



We're Using Larger Living System

- **Term From Ecology & Systems Thinking**

- **Whole Person**
- **Couple**
- **Family**
- **Team**
- **Company**
- **Community**
- **Town**
- **City**
- **State**
- **Country**
- **Hemisphere**



Your Connection To Larger Living System = Magic

- **Feel It. Practice It. Make It Real**
- **Keeps Magic In Your Pocket**
- **The Mystery Is How This Can Change Your Entire Life**



Our Larger Living System

Same 3 Goals Of All Living Systems

1. **Rebalancing (homeostasis)**



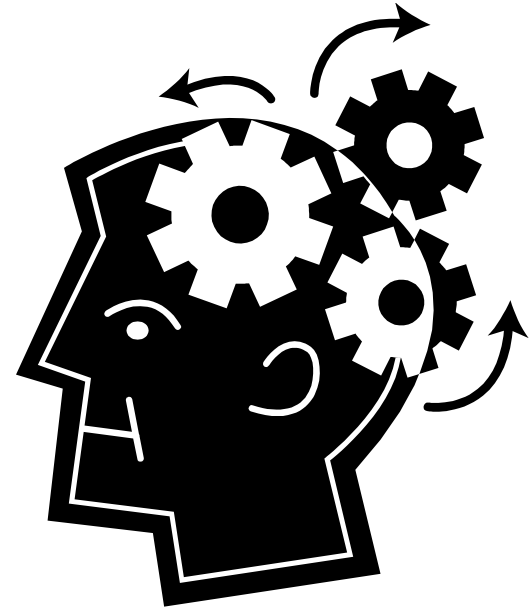
2. **Renewal (re-energizing)**

3. **Creative Expansion (growth)**



Your Mind

- **Can Help You**
Visualization, Mantra, Prayer, Contemplation
- **Can Blind You**
Thinks Can Do This On Its Own
Can't Understand What Is Bigger Than Itself



Take Charge Of Your Attention!

**The 6-Step Process Will Help You
Honor Your Mind & Teach It A New Way**

The Unresolvable Dilemma & The Larger System

- **U.D. In Service To Larger System**

- **U.D. Is Its Operating Strategy**

- **Fulfills Larger System's Goals**

Rebalancing, Renewal, Creative Expansion

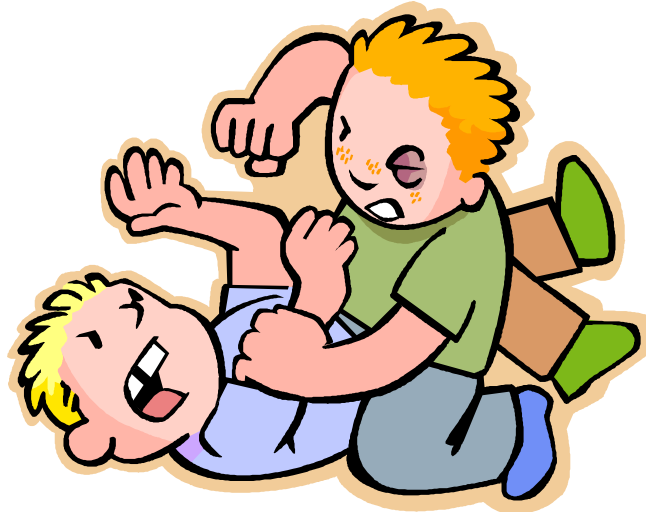
- **Gives YOU Insight, Purpose, & Expanded Perspective**



The Creative Role Of Resistance

To Achieve Creative Expansion, Larger System Uses These Tools:

- **Conflict**
- **Ambiguity**
- **Friction**
- **Pressure**



**Seemingly Antagonistic Conflict Between
Drive To Change & Drive To Stay The Same**

The Creative Role Of Resistance

Problem: The Paradoxical Drives For Both Change & Preservation

- **Appear & Feel Antagonistic**
- **Direction Filter & Pleasure/Pain Principle At Work**
- **No Option For Perception Of Hidden Harmony**



The Creative Role Of Resistance

Solution: The Paradoxical Drives For Both Change & Preservation

- **Perceive Competitive Collaboration**
- **Shift Away From Problem/Solution Thinking**
- **Verify Friction As Creative Dynamism Between Opposing Drives**
- **Evokes Emergence of New**



To Get The Complete Picture

Perceive

1. Larger System's Creative Tools
Conflict, Friction, Pressure



2. Interdependent Nature Of IPP
Inseparable, Complimentary, Harmonious

3. Natural Flow BETWEEN Two
Interdependent Polar Opposites

To Get The Complete Picture

4. Recognize Interconnectedness Of Strengths & Weaknesses

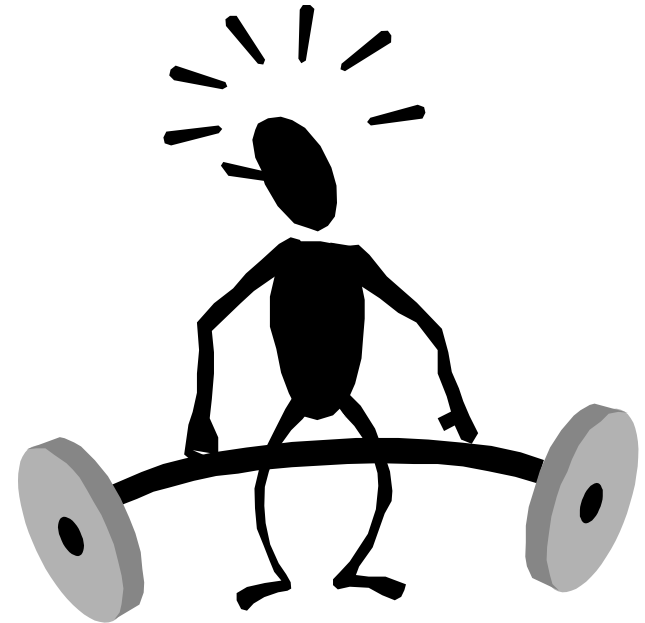
(Due To Impermanence)

- **Each Pole Has Its Own Set Of Strengths & Weaknesses**
- **Value-Dependent**



To Get The Complete Picture

- **Strengths (No Matter How Powerful) Eventually Wane (Change)**
- **Shift Into Weaknesses (Renewal)**
- **Weaknesses (No Matter How Intense) Gravitate To Strengths of Opposite Pole (ReBalance)**



To Get The Complete Picture

5. Accept Each Polar Viewpoint As Both Valid AND Incomplete (In Terms Of Complete Picture)

- **Circle Offers 360 Possible Points
From Which To View The Center**
- **Life Offers An Infinite Number**



*“Inside each raindrop swims the sun.
Inside each flower breathes the moon.
Inside me dwell ten million stars,
One for each of my ancestors:
The elk, the raven, the mouse, the man,
The flower, the coyote, the lion, the fish.
Ten million different stars am I,
But only one spirit, connecting all.”*

Spirit Walker, Nancy Wood



Homework #1

- **How Often Are You Aware Of Your Inner Pull To Rebalance, Renew, Creatively Expand?**



- **What Is Your Current Relationship With Conflict, Friction, & Pressure**
- **Are You Currently Blind To Any Aspect Of The Complete Picture?**

Homework #2

- **Where Have You Experienced Yourself As Part Of A Larger & More Intelligent Life Process/System? Make A List.**
- **Describe Essence Of These Experiences In Your Own Words (even though often indescribable)**



Have A Great Week. Talk To
You Soon!



Much Love,
Ragini

