

The Flow Of Life's Little Secret



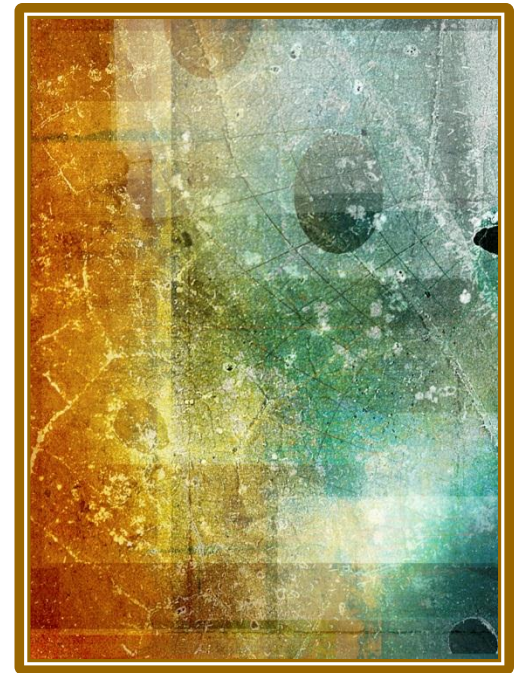
Partnered With Impermanence

(Facticity of Change)

- Everything Always Fresh & New

BUT Too Much Change → Chaos
Right Amount Change → Creativity

- Consistency Was Needed



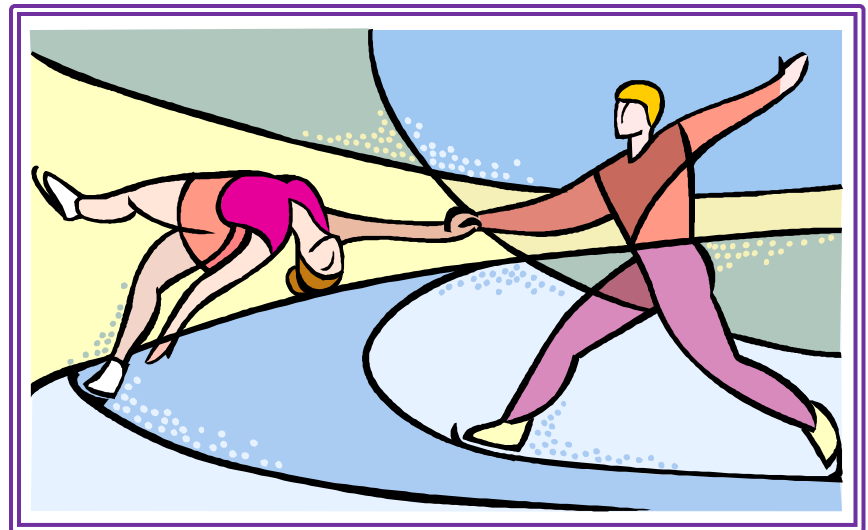
Partnered With Impermanence

(Facticity of Change)

◦ **BUT Too Much Consistency → Stagnation**
(Opposite of Creative Flow)

◦ **Right Amount → Stability**

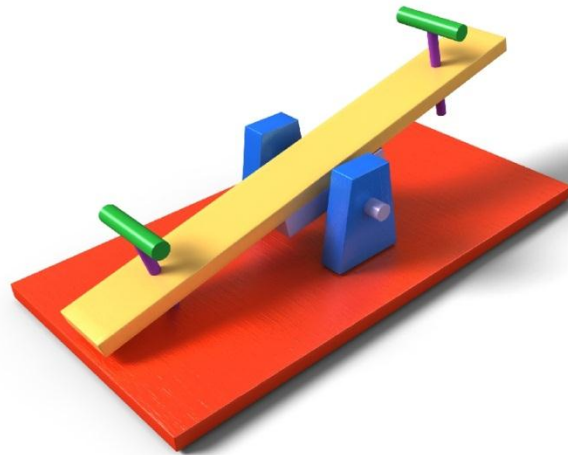
◦ **How To Make It Work
When Both Are Needed?**



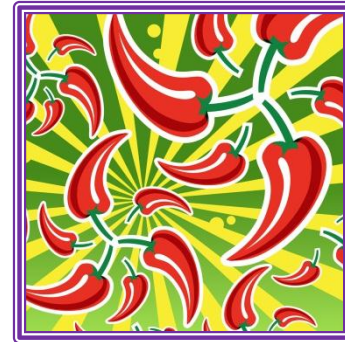
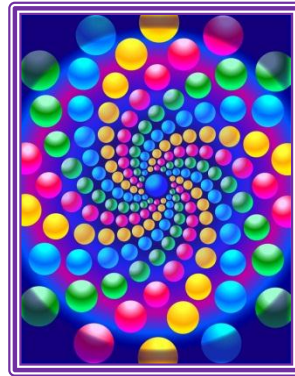
Partnered With Duality

(Facticity of Opposites)

- **A Perfect Partnership Was Formed With Balance As The Fulcrum**



Patterns Of Movement Were Born

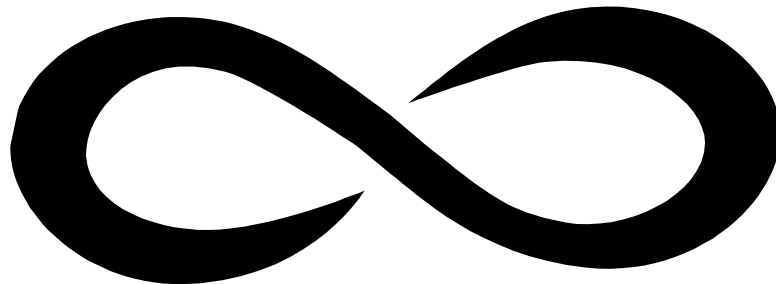


The Fundamental Pattern

Remained **Hidden** Inside Flow Of Change

The Flow of Life's Little Secret IS This Pattern

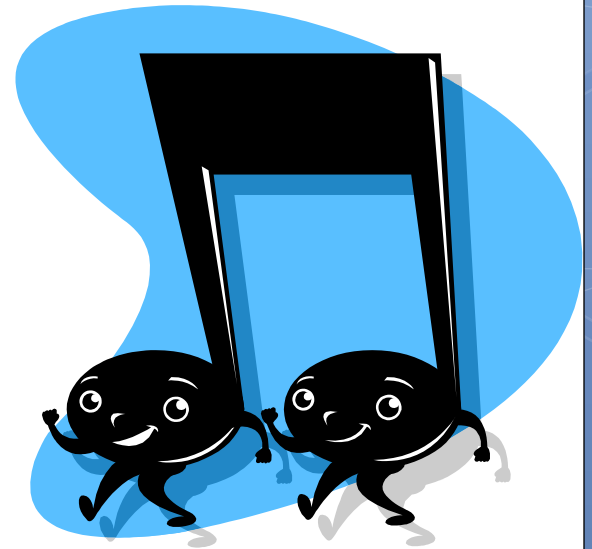
Recognize It & You Have The Key



The Secret Is The Interdependent Polar Pair

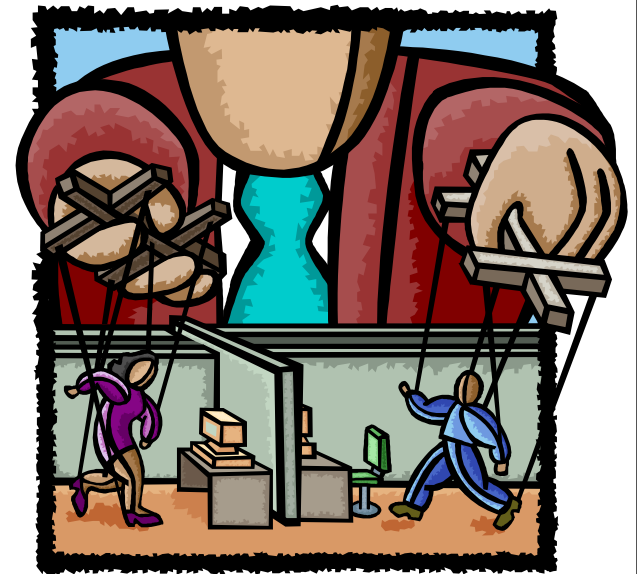
Interdependent Polar Pair (IPP) = Unresolvable Dilemma

- **Polar Opposites Cannot Exist Without Each Other**
- **They Define Each Other**
- **On-Going Interaction Between The Two Opposite Poles**
- **Interaction Complementary & Harmonious**



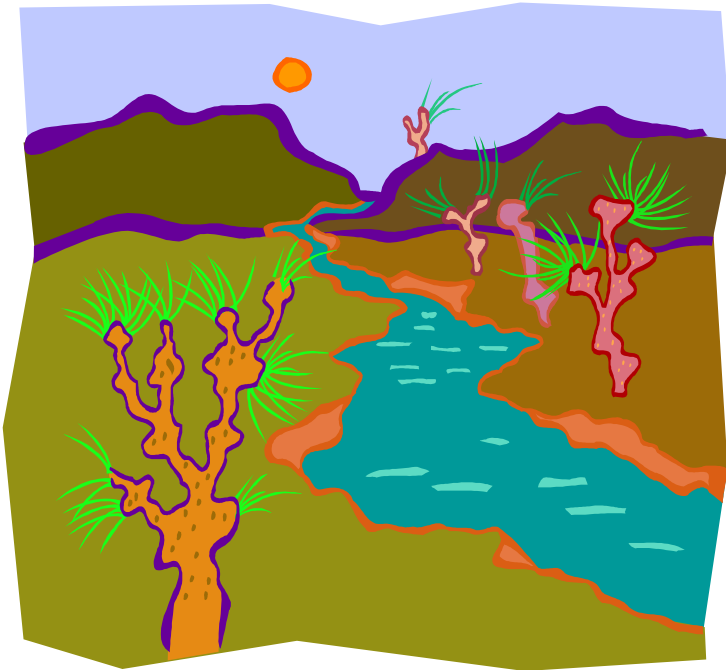
The Interdependent Polar Pair (IPP)

- Creates Unresolvable Dilemma
- U.D. Repeatedly Returns Even After Choice Is Made
- Not Permanently Resolvable By **Either/Or** Decision
- Must Manage On On-Going Basis With **Both/And** Strategy



The Natural Flow Of IPP

- Because Interdependent → Continual Movement Between The Two



- Natural Flow Is Value-Free
(Not Dependent On Values
Of The People Involved)

The Natural Flow Of IPP

Driven By Two Paradoxical Life Forces



One Moves To Stabilize

The Other Moves To Disrupt

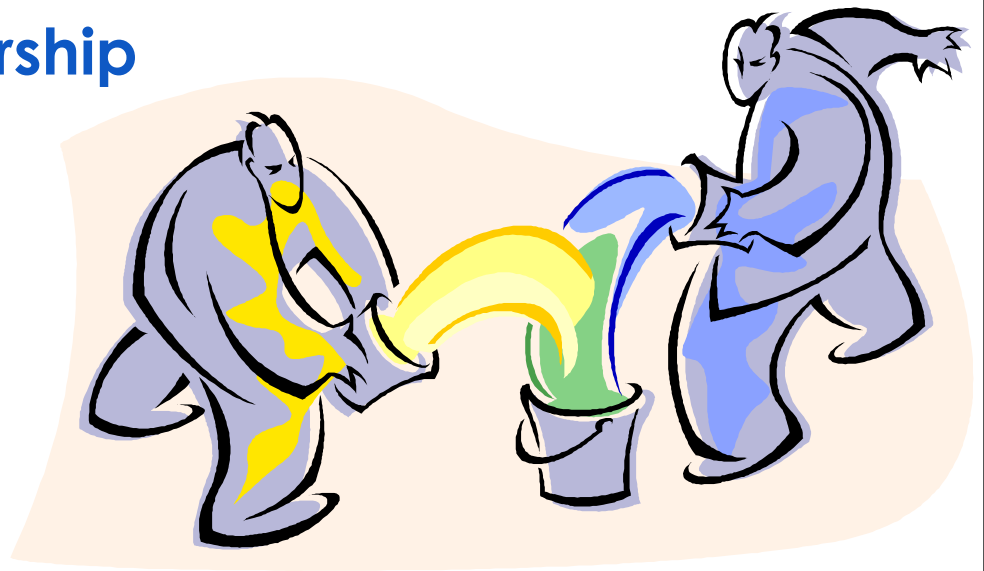
- Drive To Change
- Drive To Preserve



The Natural Flow Of IPP

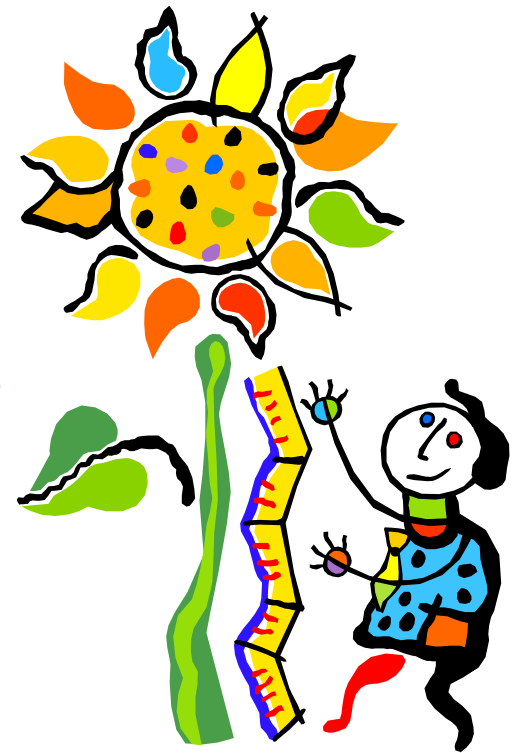
These Two Paradoxical Life Forces Strategize

- **Create Competitive Collaboration**
- **Harmonious Partnership
Based On Creative
Dynamic Tension**



The Value Of The IPP

- **Creates & Sustains Creativity In Motion**
- **Essential To Growth, Evolution, & Transformation**
- **Life Is Workable When You Manage Interdependent Polar Pairs**



*“Not the autocracy of a single stubborn melody
on the one hand.*

*Nor the anarchy of unchecked noise
on the other.*



*No, a delicate balance between the two;
an enlightened freedom.”*

Johann Sebastian Bach

Homework

1. **What Is The Flow Of Life's Little Secret?**
2. **What Does IPP Stand For?**
3. **What Does U.D. Stand For?**
4. **When Is A Dilemma Unresolvable?**
5. **What Drives The Flow Of Life?**
6. **What Is The Strategy That Drives The Flow?**
7. **Why Can't You Fix An Unresolvable Dilemma?**



See You In The Next Video!

Much Love,
Ragini

