

The Psychology



Of The Mystics

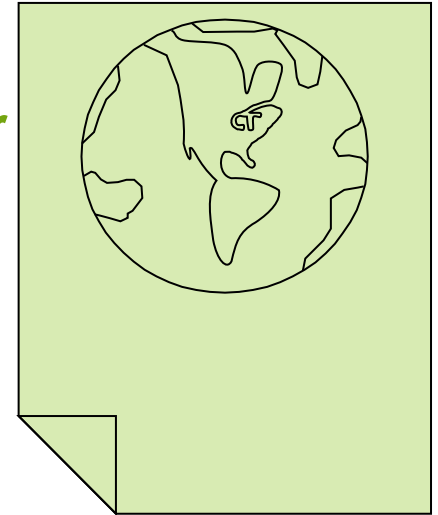
*“It must be remembered
That the world of ideas
Is not the portrayal of reality –
This would be an utterly impossible task –
But rather
To provide us with an instrument
For finding our way about
More easily in the world.”*



H. Vaihinger – *The Philosophy of As If*

A Map For You

- Guides You To The 7 Most Common World Views As Perceived By Mystics
- Shows You How They Differ From Your Psychology
- Shows You How To Change Yours To Match Theirs



What Defines A Mystic?



- A little different than other spiritual folk.

- Not fond of simply *believing* in God or the Divine.

- Instead, *insist* on a personal & direct encounter

Who Was Studied?



- Lao Tzu
- St. John of the Cross
- Buddha
- Nisargadatta
- Joseph Goldstein
- Thomas Merton
- Ramesh Balsekar
- Nisargadatta
- Thomas Merton
- Jack Kornfield
- Sengsten
- Jesus
- Mira
- Rumi
- Hafiz
- Paul Reps
- Ta Hui
- Punjaji
- Almaas
- Osho

Why The Mystics?

They're Able To Stay:



- o Unflappable
- o Present
- o Centered
- o Responsive
- o Accepting

How Do They Do It?

o By Looking At The World
Through Their Mystic's Eye

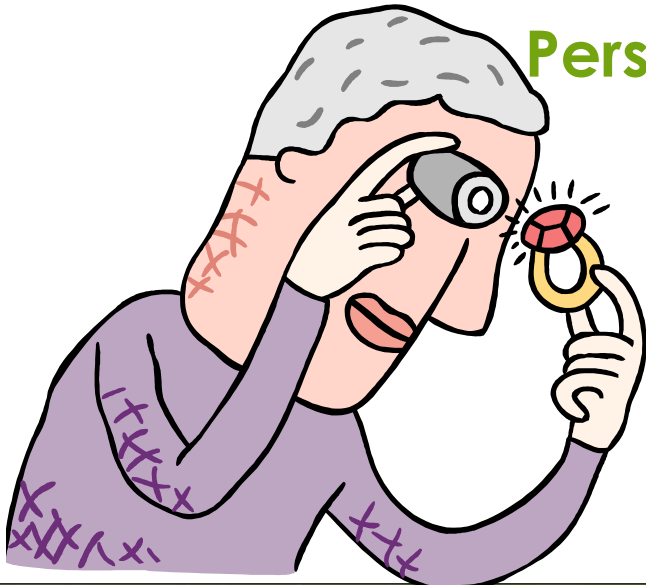


o And Trusting It More
Than Their Mind's Eye

The Mystical Views

Reveal a friendly, protective, & loving Universe

- o You can imagine 'as if' these Mystical Perspectives were true – and then ...



- o Explore & find out for yourself if they are

Stunning Fact!

There were **7** ways
of looking at the world that were the same

- across the board-

regardless of:

- o Gender
- o Tradition
- o Or Time Period



World View #1

Everything is Impermanent

- o Change is permanent
- o Trust-worthy
- o A great advisor
- o The key to inner peace
in daily life

The End



World View #2

There Are Multiple Levels of Reality

- o Many layers to Reality
- o Layers exist simultaneously
- o Every layer has its own rules
- o *You cannot impose the rules of one on another.*



World View #3

Duality Is The Way It Is

- You can't get away from duality (opposites)
- The mind's eye is blind to their hidden harmony
- The mystic's eye sees the harmony – thus no problem



World View # 4

Movement Is The Highest Value



- o Movement—
ability to continually
& immediately shift positions
- o Embracing change makes
movement leap to top
of values hierarchy

World View #5

Each Of Us Is The Whole & The Part

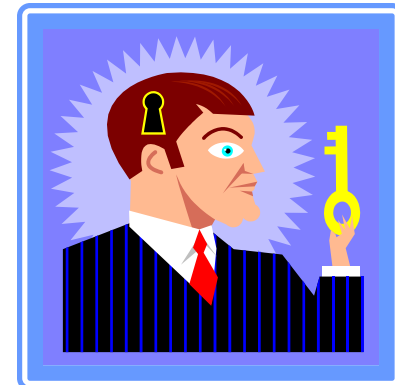
- o The Notion of 'Self' Is A Metaphor (Your Story)



- o Claiming Thoughts, Emotions, Or Actions As Primary I.D. = Suffering

- o The Freedom You Seek

Is From The Mind, Not Of The Mind



World View#6

Highest I.D. Is Consciousness Itself

- o Investigate Fundamental Nature Of Your Inner Experience

- o Use Awareness To Investigate

- o Highest I.D. Not Determined By Behavior, Thoughts, Emotions, Or Actions



World View #7

No Separation From God

- Separation *Experience* Lives At A Specific Level Of Reality
- Becomes Truth If No Access To Next Level Of Reality Up ↑
- Creates Immense Suffering Thru Profound Confusion About Ultimate Nature Of Self, I, & Duality.



Match Your Map To Mystic Map

- **Shift Your Psychology To Match Psychology Of Mystics**
- **↑ Probability Of Finding Inner Peace & Different Brand of Happiness**
- **Receive Practical Wisdom At Your Fingertips**



Your Homework

- o Write down your objections to the mystical perspectives

- o Write down what doesn't make sense to you

- o Bring your questions to our Live Call Coming Up Soon



See You In The Next Video!

Much Love,
Ragini

