**Bonus Video:** 4 More **Tools From** Energy Psychology



## Homework

- What Does TAT Stand For?
- What Does EFT Stand For?
- When Should You Use PR 1 & PR 2?
- o Basically, What Do E.P. Tools Do?
- How Many Steps Are Available In TAT?
- Can You Use Both TAT & EFT To Install Positive Beliefs As Well As Eliminating Negative Ones?



## Looking Forward To Talking With You Soon



Much love,

Ragini

