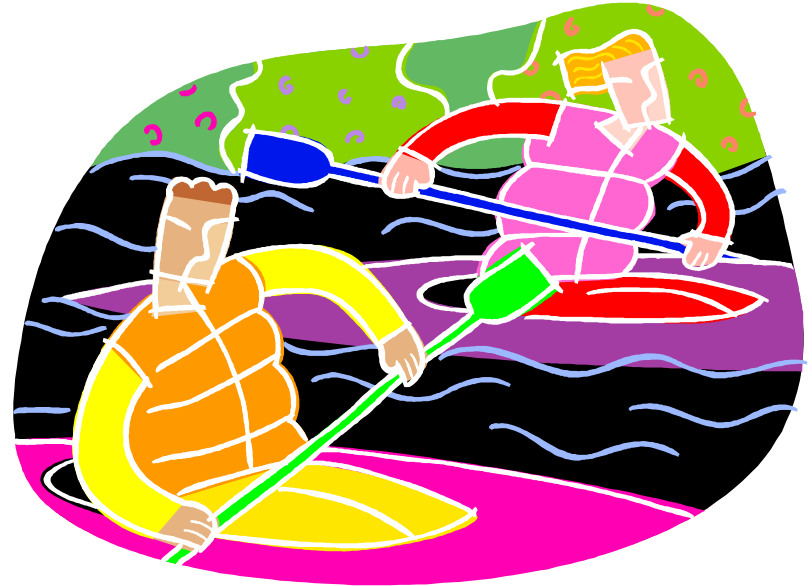




*What Makes
The Mystic's
Journey
So Smooth & Cozy
And Yours So
Bumpy & Not Fun?*

Your Relationship To The Facts

- The Permanence of Impermanence
- The Facticity of Opposites
- The Paradoxical Nature Of The Famous 'Flow of Life'



Saying NO to Inevitability Of Weaknesses



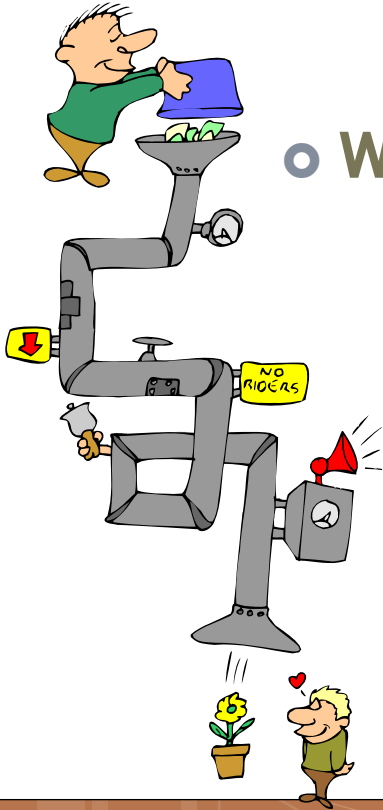
- **Don't' Want To Accept Continuous Change As A Fact Of Life.**
- **Unwillingness Effects Mental & Emotional Perception Of The Territory**

Understanding Inevitability Of Weaknesses

- **BECAUSE ... Everything Changes ...**
- **Strengths ALSO Subject To Weakening & Renewal**
- **Like Muscle Fibers In Body**



Understanding Inevitability Of Weaknesses



- Weakness = Process Of *Renewal In Motion*
- Suspend Your **DISBELIEF** In This Idea
- Look Around –Process of Renewal Happens Everywhere

Understanding Inevitability Of Weaknesses

- **Renewal Gathered By Movement Of The Flow**
- **Pattern Is Back & Forth**
- **Swing Of Pendulum**



Understanding Inevitability Of Weaknesses

- **BECAUSE ... Of Change**
 - **Strengths Wane Into What You've Been Taught To Call Weaknesses**
 - **Weaknesses Usually Feel Unpleasant**



Understanding Inevitability Of Weaknesses

BUT ...

**Weaknesses Continue On Their
Journey To Fulfill Task Of Renewal**

Where Do They Go To Get This?



Trust Your Experience



• To The Strengths Of The Opposite Pole!

Trust Your Experience

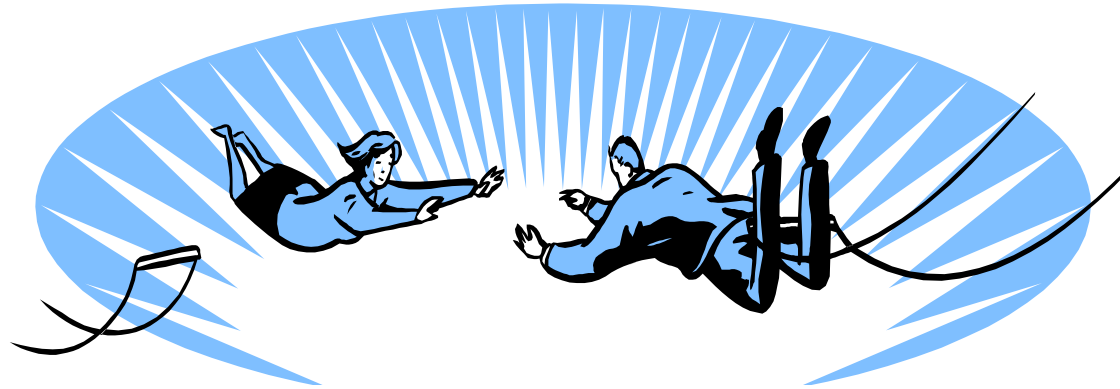
- Until You Have Evidence
This Pattern Is Really

'The Way It Is'



Faith In The Larger System

- **Requires Faith, Trust, Suspension of Disbelief**



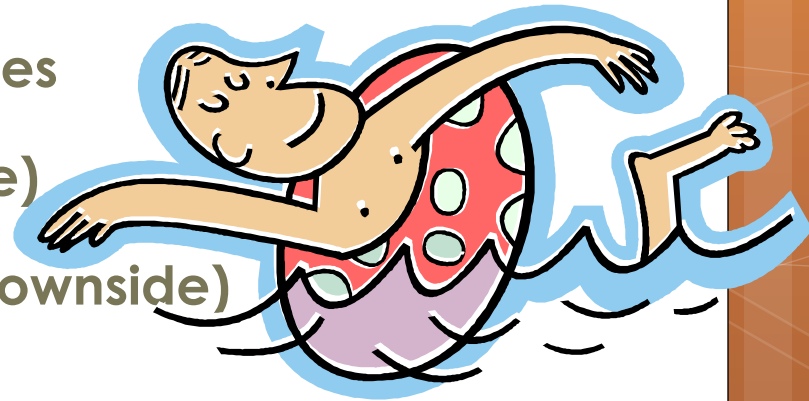
Biggest Fear

- o The Weaknesses Won't Go Away



Faith In The Larger System

- **When See Pattern Yourself - You Can:**
 - Relax Into What's Happening
 - Enjoy Strengths/Endure Weaknesses
 - Expect Return Of Strengths (upside)
 - Expect Demise Of Weaknesses (downside)



Homework

- What Are The 'Facts' The Mystics Want You To See?
- How Does Unwillingness To Accept Change Affect Your Perception?
- What Does Impermanence Do To Strengths & Weaknesses?
- How Does The Process of Renewal Actually Work?
- Of What Value Is Faith In Learning How To Navigate The Land Of Unresolvable Dilemma?



Look Forward To Talking With You Soon,



*Much love,
Ragini*

