

Homework For Module 5

Video #1

1. What Stops Most Folks From Going With the Flow?
2. What Is The Mystic's Guidance For Relating To What Stops Us?
3. Where Are Your Resistances Located On Infinity Loop Map?
4. How Do You Know When You've Found Them?
5. Once You've Found Them, What Are You To Do With Them In This Step (#4)?
6. If You're Resistant To This Step, What Should You Do?

Video #2

1. What Do You Now Know Is The Actual Problem?
2. Why Is This The Coolest Thing Ever?
3. Where Does Your Power To Shift Things Reside?
4. How Does Your Viewpoint Relevant To Emotion?
5. What Does The Actual Problem Produce In Your Behavior?
6. What's The Difference Between Your Mind's Eye View and The View From Your Mystic's Eye?

Video #3

1. What Are Emotions?
2. What Is Your Understanding Of Emotional Reality?
3. What Is Secret To Dealing With Emotions From Mystical View?

4. What Is Paradoxical Role Of Emotions?
5. Can You Get Off The Emotional Roller Coaster Ride? Why Or Why Not?
6. What Is Equanimity And How Do You Find It?

Video #4

1. What Does Wisdom Say & What's The Prize For Using It?
2. Why Is It Important To Move From Reacting To Reflecting?
3. What Are Two Strategies For Moving From Reactivity To Reflection?
4. What Can Help You Overcome Emotional Reactivity?
5. Where Will You Find The 3 Keys You Need?